

**NEW FREE VIRTUAL SUPPORT  
GROUPS NOW OFFERED  
THROUGH  
COASTAL WOMEN'S SHELTER**

AS A PART OF SERVICE ADAPTATIONS IN RESPONSE TO COVID-19, CWS IS LAUNCHING VIRTUAL SUPPORT GROUPS FOR ADULTS SERVED BY THE AGENCY WITH A LICENSED, TRAUMA-INFORMED COUNSELOR.

FREE SESSIONS ARE  
TWICE EACH MONTH 2ND AND 4TH MONDAYS AT 7:00PM.

**For more information and to register**

**Call 252.638.4509 x5**

**Or email**

**[newbeginnings@coastalwomensshelter.net](mailto:newbeginnings@coastalwomensshelter.net)**



**COASTAL  
WOMEN'S  
SHELTER**



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