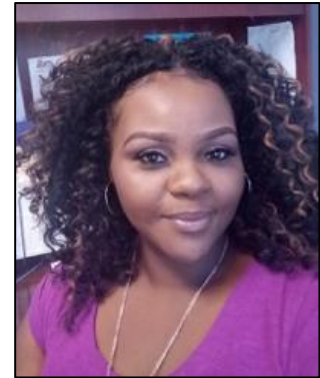


A Personal Message from Tova Hairston, Executive Director, Coastal Women's Shelter

April was hard, but May was tragic. As we prepare to close out the first half of 2020, we are all witnessing with pain and sadness the developments across the country and across the globe in response to the senseless death of George Floyd.

The swift rise in protests is the tireless cry of Black Americans for social justice and equality. Pent-up fear, frustration, and anger continue to spill out of towns, cities, and neighborhoods across the country even more as we deal with the significant ways in which COVID-19 is disrupting our communities. In the backdrop of this world-wide stance, the pandemic continues to ravage lower-income communities and people of color even more disproportionately. While peaceful protests morph into chaos and violence, mayhem and destruction, we must remember that the voices of the protests are the collective voice of oppression in America. We cannot be distracted by the acts of people willing to exploit this human pain and the desire of a few to subvert the cry for justice. We must condemn all senseless acts of violence while acknowledging the historical, social, and economic narratives of violence on which this country was founded.



Tova Hairston
Executive Director



Client service statistics for May 2020

The path to healing begins with honesty. Often, honesty is hard. As Americans, we have to be honest about our country's legacy of racism, discrimination, and violence. As individuals, we have to think critically about our own personal value systems and about our biases and beliefs. And as a nation, we have to protect those who cannot protect themselves. No matter our religious beliefs or thoughts on how we human

beings showed up on this planet, we can all agree that we are more than our place of birth, our ethnicity, the color of our skin, or whom we choose to love.

As a society, we have a long way to go before we completely root out racism, discrimination, and bias from our conscious and subconscious actions. It will take time, vulnerability, and tremendous effort from each of us; and we will offer these things to one another for one another to honor the humanity that connects us all.

Coastal Women's Shelter condemns violence in all of its forms – whether it is found in the systems and institutions that drive our nation, in city streets across the country, or in our own homes.

Personally and professionally, we stand with the victims of oppression and are committed to giving them a voice when their own are silenced. We ask that you join us.

Davis Distributor LLC donates sanitary supplies to CWS clients



Emilio and Lindell Davis, owners of Davis Distributor LLC, recently donated twelve gift bags of Jewel sanitary products to Coastal Women’s Shelter for use by our clients.

These personal items are some of the many products available through the company; and CWS appreciates the ongoing support of our good neighbors who said, “Thank you to everyone that helps make a difference for others. We’re changing lives and loving life.”

Shown with the Davises is Pamlico County Victim Advocate Ruzalia Davis (center).

“Maskateers” create, donate face masks to combat COVID-19

“Maskateers” from the Pamlico County COVID-19 Community Task Force donated homemade face masks (shown below) for the clients of Coastal Women’s Shelter. The task force is a volunteer organization whose purpose is to “advise, make recommendations to, and increase support for the Health Department, Emergency Management, and County Commissioners by harnessing the full range of community resources.”

A COVID-19 network of volunteers – including churches, social organizations, and nonprofits – has been created. A second effort focuses on “developing



voluntary medical surge capacity to support the Health Department.”

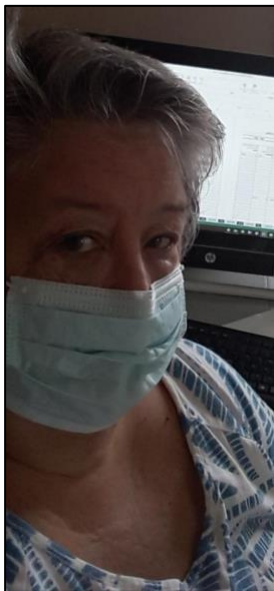
Global health physician and Pamlico County resident Dr. Diana Silimperi formed the CCTF. She is a former Epidemic Intelligence Service officer with the CDC and is a member of the Pamlico County Health Advisory Board.

We are grateful to the Pamlico County COVID-19 Community Task Force for its generosity and for its commitment to the health of our community.

CWS adjusts protocol, postpones fundraiser during pandemic

As COVID-19 continues to affect our community, Coastal Women's Shelter has adjusted its protocol to protect the health of our staff, our clients, and our neighbors.

Until further notice, the maximum capacity for the main administrative office will be 10, including staff and visitors. The capacity at Helping Hands Boutique will be 15. We ask that everyone wear a cloth mask and respect social



distancing etiquette.

Persons who are experiencing fever, chills, or other flu-like

symptoms should not enter the building but should instead contact CWS staff via phone for information and assistance.

Donations of tangible goods will be accepted only by appointment on Mondays and Fridays. Please call Helping Hands Boutique at 252.633.6305 or the main office at 252.638.4509 during business hours to schedule an appointment.

In addition, clients and staff members at our Safe House continue to follow government safety guidelines to combat the spread of COVID-19.

Unfortunately, the virus has forced us to postpone our annual 5K Run for Shelter; and all paid registrations have been deferred to next year's race. Please contact Valerie Merkler at our main office with questions about the event. And be sure to follow us on Facebook!

Above: Bookkeeper / Operations Manager Valerie Merkler is shown teleworking from home.

Top right: Shelter Director Amanda Delgado (front) and Evening Manager Terra Jones have been practicing social distancing at CWS' Safe House.

Right: Executive Director Tova Hairston (front) and Craven County Victim Advocate Kimberly Drew illustrate safe distancing.



We're In This Together!



Jones County Victim Advocate Lisa Moore (left) and Pamlico County Victim Advocate Ruzalia Davis wear masks and practice social distancing when meeting with clients and attending court.

What Is The Value Of Your Donation?

\$50 a month for 3 months provides 45 meals for our safe house guests

\$100 a month for 3 months provides 30 days of emergency shelter for 1-2 families

\$250 a month will help cover relocation costs for 1 family, providing its members with a safe new home and a brighter future

Monthly contributions offer many advantages:

- Your regular support helps us continue to provide comprehensive services for domestic violence victims.
- You can change the amount or cancel the contribution at any time.
- There is no minimum contribution. A little each month can help underserved domestic violence victims.

Coastal Women's Shelter is a 501(c)(3) tax-exempt, non-profit organization that serves Craven, Jones, and Pamlico counties.

We are committed to making your donation secure and private and will not share your contact information with third parties.

See our website – www.coastalwomensshelter.org – and our Facebook page for more information. We can also be reached at 252.638.4509.

Coastal Women's Shelter

a 501(c)(3) non-profit organization

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Christa Siener

Helping Hands Boutique Manager

Vacant

Education &

Prevention Coordinator

Helping Hands Boutique

Monday-Friday 10 am-5 pm • Saturday 9 am-4 pm

Yes, we are open...just in time for that new summer wardrobe!

Helping Hands Boutique has reopened its doors, and our staff is eager to welcome you back!

To help keep everyone healthy, we are limiting the number of people in our store to 15 at a time, including shoppers, staff, and volunteers. In addition, markers have been placed along the floor, indicating the CDC-recommended 6-foot spacing between individuals. And, of course, we strongly encourage everyone to wear a mask while visiting us.

To donate tangible items, we ask that you first make an appointment by calling 252.633.6305. It is our policy to quarantine all items for at least 72 hours.

Proceeds from the thrift store benefit CWS' mission to end domestic violence, so bring your friends!



Helping Hands Boutique

2721 US 70E • New Bern • 252.633.6305



Mention this coupon and receive 10% off your next purchase of \$25 or more

**Thank you for supporting Coastal Women's Shelter's
domestic violence services in Craven, Jones, and Pamlico Counties!**

Follow Helping Hands Boutique on Facebook